



2012 Workshops in Wollongong

For registration and more information visit
www.groupworksolutions.com.au

[Tools for change using creative group work](#)

21st—22nd February 2012

The 2-day workshop develops the necessary skills for group leaders to facilitate creative group work. The training covers the principles of using creative group work techniques and tools. The focus includes changing group dynamics, increased understanding of motivational group work models for change and the use of practical creative exercises. This workshop explores the belief systems and interpersonal communication needed by leaders to create vision, hope and a common purpose that unites the energy of the group members.

Where: Training Room, Pioneer Sands Hotel, 19 Carters Lane, Towradgi, Wollongong NSW

Cost: The early bird booking is \$440.00 if registration occurs before 27th January 2012 (GST included).

The fee for registrations after the 27th January 2012 is \$550.00 (GST included). Morning tea and lunch is provided.

[Engaging fathers in family based programs](#)

3rd April 2012

This workshop allows workers, organisations or networks of services to provide more effective programs to men and families. The workshop explores the importance of the fathers' role in family services and how programs can engage and support this opportunity.

Where: Training Room, Pioneer Sands Hotel, 19 Carters Lane, Towradgi, Wollongong NSW

Cost: The early bird booking is \$220.00 if registration occurs before 24

February 2012 (GST included). The fee for registrations after the 24th February 2012 is \$275.00 (GST included). Morning tea and lunch is provided.



[Gaining cooperative responses from separated fathers using the generative approach](#)

4th April 2012

This workshop explores cooperative ways to engage and work with separated fathers and strengthen their family relationship connections. A child focused approach is used to work with men through various stages of their involvement when accessing community welfare/health services or Family Relationship Centres. The workshop will emphasise respectful responses men can use when coping with new challenges and things they can do for themselves and their children. It will identify strategies for separated fathers to reach a new awareness of their true potential in supporting their children through challenging times.

Where: Training Room, Pioneer Sands Hotel, 19 Carters Lane, Towradgi, Wollongong NSW

Cost: The early bird booking is \$220.00 if registration occurs before 24th February 2012 (GST included). The fee for registrations after the 24th February 2012 is \$275.00 (GST included). Morning tea and lunch is provided.

[Working with men's responses to conflict](#)

5th April 2012

This workshop explores skills and exercises used in conflict resolution that value resistance that maintains basic dignity and responses to conflict that build insight, responsibility and change. It builds upon the experience of participants and introduces a range of practical tools that can be used with clients in a variety of settings.

Where: Training Room, Pioneer Sands Hotel, 19 Carters Lane, Towradgi, Wollongong NSW

Cost: The early bird booking is \$220.00 if registration occurs before 24th February 2012 (GST included). The fee for registrations after the 24th February 2012 is \$275.00 (GST included). Morning tea and lunch is provided.

[Working with the edge - Engaging young people in group work](#)

7th & 8th May 2012

This workshop explores the skills, attitudes, ways of thinking and practical strategies needed to run/facilitate groups with teenagers who are being challenging and difficult. It can often be kind of tough facilitating groups that tackle awkward/sensitive topics in natural and inviting ways. So this workshop will explore and practice strategies and skills that are more likely to lead to respectful engagement and strong engagement with young people.

Where: Training Room, Pioneer Sands Hotel, 19 Carters Lane, Towradgi, Wollongong NSW

Cost: The early bird booking is \$440.00 if registration occurs before 11th October 2011 (GST included). The fee for registrations after the 11th October 2011 is \$550.00 (GST included). Morning tea and lunch is provided.

[Focus on strengths based practice](#)

21st May 2012

This 1-day workshop explores the use of strengths-based practice common tools, exercises and resources. Strengths based ways of working allow us to arrive at respectful solutions to challenging situations in all aspects of life and group work. Using strengths based tools and techniques we will explore some of the principles of strengths-based work, discuss ways you might use it in your group work and discover ways to build strengths into your practice.

Where: Training Room, Pioneer Sands Hotel, 19 Carters Lane, Towradgi, Wollongong NSW

Cost: The early bird booking is \$220.00 if registration occurs before 21st April 2012 (GST included). The fee for registrations after the 21st April is \$275.00 (GST included). Morning tea and lunch is provided.

[Group dynamics and change](#)

22nd May 2012

This workshop draws on theory and skills that group leaders can use to deal with the undercurrents experienced in groups. Dynamics are often a powerful force that either stops or supports the outcomes of a group being achieved. These dynamics, forbidden agendas or invisible loyalties often prevent group members from behaving constructively. They are either formed throughout the life of the group, or emerge from issues in the past or arise outside the group.

Where: Training Room, Pioneer Sands Hotel, 19 Carters Lane, Towradgi, Wollongong NSW

Cost: The early bird booking is \$220.00 if registration occurs before 13th April 2012 (GST included). The fee for registrations after the 13th April is \$275.00 (GST included). Morning tea and lunch is provided.



[Engaging culturally diverse fathers in family based programs](#)

23rd May 2012

This workshop allows workers, organisations or networks of services to provide more effective programs to culturally diverse men and families. The workshop explores the importance of the fathers' role in family services and how programs can engage and support this opportunity.

Where: Training Room, Pioneer Sands Hotel, 19 Carters Lane, Towradgi, Wollongong NSW

Cost: The early bird booking is \$220.00 if registration occurs before 13th April 2012 (GST included). The fee for registrations after the 13th April 2012 is \$275.00 (GST included). Morning tea and lunch is provided.

[Using sculpture in group work and other action methods](#)

14th June 2012

This workshop explores the power and capacity of human sculpture as an everyday learning technique that has significant power, yet is relatively safe. Sculpture is a frozen role-play. It plans to capture a moment in time where a small set of actions and words are highlighted to understand what has occurred. It is a valuable tool since it captures only one moment and can aid the closer inspection of the issues/feelings and responses that occur. Sculpture is based on creating a set of frozen images that emphasise a mixture of body language and simple verbal expression.

Where: Training Room, Pioneer Sands Hotel, 19 Carters Lane, Towradgi, Wollongong NSW

Cost: The early bird booking is \$220.00 if registration occurs before 4th May 2012 (GST included). The fee for registrations after the 4th May 2012 is \$275.00 (GST included). Morning tea and lunch is provided.



[Working with the potential for violence](#)

15th June 2012

This workshop looks at a variety of practical, common sense principles for the prevention and diffusion of violence against community welfare workers in a variety of community based settings. While it is clear that organisations must confront, understand and do all they can to prevent violence and its consequences, it is inevitable that community welfare professionals will often have to deal with situations where violence is a possibility or a fact.

Where: Training Room, Pioneer Sands Hotel, 19 Carters Lane, Towradgi, Wollongong NSW

Cost: The early bird booking is \$440.00 if registration occurs before 4th May (GST included). The fee for registrations after the 4th May is \$550.00 (GST included). Morning tea and lunch is provided.

[Group work for change— Working with the young, the not-so-young and the nowhere-near-young](#)

4th & 5th June 2012

This workshop is about facilitating groups where the aim is change in some form; whether working with those whose lives are distressing or troubled in some way, or whether the aim is awareness and growth which is more likely to lead to a healthier and more meaningful life. The workshop style is interactive and participatory giving you a chance to add to your own style by experiencing the strategies you will be learning in the workshop, as well as having the chance to develop your own and to plan a future group.

Where: Training Room, Pioneer Sands Hotel, 19 Carters Lane, Towradgi, Wollongong NSW

Cost: The early bird booking is \$440.00 if registration occurs before 27th April (GST included). The fee for registrations after the 27th April is \$550.00 (GST included). Morning tea and lunch is provided.

[Advanced group work course: Enhancing your group leadership—The experiential course](#)

2-5th September 2012

This experiential group work training course explores the use of here-and-now group processes to increase participant's understanding of group work skills. Participants have the opportunity to work on personal and professional issues that optimise their own group leadership skills and potential. The program involves a blend of experiential sessions, observation and feedback sessions and group work practice and teaching sessions.

The workshop is for people who facilitate, or who plan to run, work/task, psychoeducational, emotional support and group counselling programs.

Where: Training Room, Pioneer Sands Hotel, 19 Carters Lane, Towradgi, Wollongong NSW

Cost: The early bird booking is \$660.00 if registration occurs before the 23rd July 2012 (GST included). The fee for registrations after the 23rd July 2012 is \$825.00 (GST included). Morning tea and lunch is provided.

[Engaging fathers in family based programs](#)

29th October 2012

This workshop allows workers, organisations or networks of services to provide more effective programs to men and families. The workshop explores the importance of the fathers' role in family services and how programs can engage and support this opportunity.

Where: Training Room, Pioneer Sands Hotel, 19 Carters Lane, Towradgi, Wollongong NSW

Cost: The early bird booking is \$220.00 if registration occurs before 7th September 2012 (GST included). The fee for registrations after the 7th September 2012 is \$275.00 (GST included). Morning tea and lunch is provided.

[Gaining cooperative responses from separated fathers using the generative approach](#)

30th October 2012

This workshop explores cooperative ways to engage and work with separated fathers and strengthen their family relationship connections. A child focused approach is used to work with men through various stages of their involvement when accessing community welfare/health services or Family Relationship Centres. The workshop will explore the shift that occurs for separated fathers, when they maintain their integrity through difficult times and their behaviours reflect their obligations, responsibility, integrity, pride, and adjustment to the changed situation.

Where: Training Room, Pioneer Sands Hotel, 19 Carters Lane, Towradgi, Wollongong NSW

Cost: The early bird booking is \$220.00 if registration occurs before 7th September 2012 (GST included). The fee for registrations after the 7th September 2012 is \$275.00 (GST included). Morning tea and lunch is provided.

This workshop explores key skills for working effectively with men's responses to conflict situations. It explores practical ways workers can respond when working with men who experience high levels of conflict or use violence in family relationships. Responses are powerful and active ways to work with men and change. This workshop explores skills and exercises used in conflict resolution that value resistance that maintains basic dignity and responses to conflict that build insight, responsibility and change. It builds upon the experience of participants and introduces a range of practical tools that can be used with clients in a variety of settings.

Where: Training Room, Pioneer Sands Hotel, 19 Carters Lane, Towradgi, Wollongong NSW

Cost: The early bird booking is \$220.00 if registration occurs before 7th September 2012 (GST included). The fee for registrations after the 7th September is \$275.00 (GST included). Morning tea and lunch is provided.